#### Rover Ready: Guide to Preparing Your Dog

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## Stay Informed:









### Make a Plan

- Be proactive
- Know your pets triggers and communication style
- Consider health, accommodations, and behavioral foundation
- Designate a point of contact and meeting spot

## Grab list

#### **Grab List**

Item	Location	-
Leash	By the front door	
Harness/ head halter	By the front door	
Picture of dog	On the fridge	\$
Food	In the pantry	
Water bowls	In the car	ŝ
Poop bags	By the front door	
Medical records/ Vet contact info	File cabinet in office	
Medication	Kitchen in dog drawer	3
toys	Dog toy basket	
		*
	*	*

## Go Bag



#### PET EMERGENCY GO BAG ESSENTIALS











**Rabies Certificate, owner** documentation



Blanket, towel or pet bed



**Clear photos of** your pet in case she gets lost



Your pet's medication & supplements



Extra leash and harness



Comfort toy, dog chew sticks



Pet wipes, paper towels



Pet carrier for your dog or cat's safety



**Pet First Aid Kit** 



Plenty of dog waste bags!

## **Eye Contact**

- Mark the moment your dog gives you eye contact and treat
- Key is to wait for your dog to voluntarily give you eye contact
- Purpose is to increase the motivation of your dog CHOOSING to check in with you- so it becomes HABIT
- Over time, increase criteria by changing location and adding in distractions

## Touch

- Supports behaviors with placement dependent on situation
- Such as recalls, placing by side, or even acknowledgement of listening
- Pair it with a treat as soon as you feel their nose touch your hand

## Emergency Recalls

- Pair your "special" recall with something tasty as a positive and long lasting association
- Start with small distances inside the home off leash, then move to backyard or outside with a long leash
- Over time, increase criteria by increasing distance and adding distractions



# Loading/ unloading in vehicles

- Get your dog used to the car by hanging out and jumping in and out or being crated inside the car
- Pair treats when dog gets in and out of the car and bring favorite toys/ bones when hanging out in the car
- Increase criteria from checking out the car, hanging out, to moving/ driving



#### Settling



- Practice settling with your dog, starting in the quiet of your room and treat dog for laying down.
- When your dog chooses to settle into a down on its own, reward that any chance you can.
- Increase criteria by practicing the behavior outside, public places, and adding in distractions.

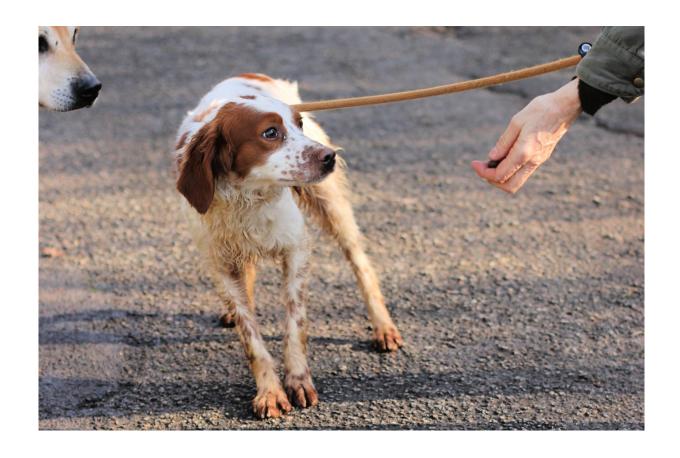
#### Crating

- Have your crate out and have your dog explore it. Anytime your dog goes to explore or chooses to enter inside, REWARD them.
- Provide kong/bone chewing time or their meal times in the crate once your dog is comfortable going in and out of it.
- Over time, move the crate in different areas of the house to ensure your dog can adapt to various locations



#### Stranger Danger

- At home and out in public, slowly introduce your dog to all kinds of people, including ones in uniform
- In public: Start slow, let your dog dictate what they are comfortable with and reward each baby step. For example: a sniff, a small pet on the chest, a nose touch, and etc.
- At home: at first it may be a reward for a person even entering your home.
- Increase criteria from person entering your home, to dog being comfortable being around that person, to that person being able to pet or touch the dog and so on.



## **Body Sensitivity**



- Pair your treat with an area on the body they may be sensitive to
- Start by aiming your hand in the direction of the area but do not touch.
- As your dog becomes more comfortable, increase criteria by adding touch to that specific area
- \*KEY- go slow and read your dog's body language

### Thank you!!!

Feel free to reach out if any questions or need resources:

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